

What are they?

A Life Group is a gathering of people (8-12) who meet regularly to encourage and support one another in their spiritual journey. Part of our vision as a church is to provide a safe environment within which people can grow in their relationships with God and with each other, and we believe Life Groups can help us achieve that.

The benefits of LIFE groups?

Life groups have the potential for a greater sense of intimacy than a larger gathering such as Sunday morning can.

Life groups have the potential for significant life change as their focus is more on **transformation** than information.

Life groups provide accountability for one's pursuit of a deeper walk with God.

Life groups take the pressure off a centralized visitation program as each group can provide a great deal of the care for their own.

Life groups allow for the ministry of the body to take place. Everyone has something to teach and a smaller setting provides more opportunity for this.

Life groups provide a safe environment for the reality of what it means to “confess your sins to one another.”

Life groups provide the support that one needs when facing difficult life challenges.

Life groups allow for **intergenerational** relationships to form.

When would they take place?

They would take place during the week in two sessions; a fall session (mid – September to mid- December) and a winter session (mid – January to the end of April) and run from approximately 7 to 9:00 p.m.

Is there Scriptural support for Life groups?

Acts 2;46,47 says “They worshiped together at the Temple each day, met in **homes** for the Lord's supper and shared their meals with great joy...”.



Life Groups.